

Medicinal Use Of Epimedium As An Aphrodisiac and VigaPlus

As more and more research is shying away from chemical based pharmaceuticals for long-term treatment of different dis-orders and diseases, focusing more on ancient herbal treatments and plant based healing properties there has been a huge race to the market of various medicines to aid in common conditions that are easily treated by these age old remedies. One such medicine is Epimedium also known as “horny goat weed”; recently hailed as the best aphrodisiac on the market today, sold as the active ingredient in supplements like VigaPlus.

There are about 60 known species of Epimedium, most of which are hardy perennials with most of them having four “spider-like” petals. This plant has been used for countless centuries in China as an active aphrodisiac. According to local legend in China it was a local goat herder who noticed an increase in sexual activity among his goat flock after eating this weed. This particular species of the Epimedium plant has been cultivated in the west for about 150 years. Chemists have identified this plant's aphrodisiac qualities to its content of icariin. Currently Epimedium is sold either as a raw herb, tablet, or capsule form and sometimes blended with other beneficial herbs.

Icarrin, the “aphrodisiac compound in Epimedium”, works by relaxing smooth muscles by increasing the nitric oxide levels resulting in more blood flow to the penis. This works very similar to Sildenafil (active ingredient of Viagra) and vardenafil (active ingredient of Levitra), which has been shown to inhibit the PDE-5 enzyme, but icariin does so without changing the balance of adenosine/guanine mono-phosphate, which the other inhibitors have been demonstrated to do. In-fact, a recent Italian study that structurally modified the icariin compound found that it had less of an effect on the PDE-6 (phosphodiesterase-6) enzyme, making it more specific to the aphrodisiac quality for the PDE-5 inhibitors than any of the other compounds studied.

Icariin, the active aphrodisiac compound of Epimedium, can be found in standard potent extracts up to 5-60%. VigaPlus, one of the most well none supplements utilizing these extracts, has been shown to increase sexual libido, stamina and an increase in male testosterone levels. With no known side effects, VigaPlus is a non-prescription alternative proven to work. As it is also a natural supplement, it comes at a great cost in comparison to other medications like Viagra, which can only be purchased by prescription only.

VigaPlus can be purchased online at sites like www.vigaplus.com, which can provide individual and bulk orders at a great price. As a natural supplement with no side effects it is no wonder why this product has become the number one choice for men that suffer from erectile dysfunction. Every one that uses VigaPlus can attest to the wonderful benefits that this treatment delivers. As compared to other treatments for impotency, VigaPlus is the only choice with proven results.